

Base Settings

Measurement	Setting	
Rake: Swing Arc Use jib halyard pulled down to top of black band on mast, then swing forward to mark headstay. Measure distance from mark on headstay to deck at stem.	2260 mm	
Cap Shroud Tension	#52 on RT-10 Loos Gauge	
D1 Tension	#15 on RT-10 Loos Gauge	
D2 Tension	#27 on RT-10 Loos Gauge	
J Dimension Measured from stem to forward face of mask.	4,050 mm	
Mast BASE Measured from forward face of mast to bulkhead.	460 mm	
Pre-Bend Measured without mainsail hoisted.	20 mm	

Sail Models

TWS	0-15 kts	16-25 kts	0-10 kts	8-20 kts	18-25 kts
Sail Model	AP Jib	Heavy Jib	Light Spinnaker	AP Spinnaker	Heavy Spinnaker
	AP-5	HA-4	A1.5-2	A2-2	A4-1

Quick Adjustments (Turns from BASE setting)

True Wind Speed	Sail Selection	Cap Shrouds	D1s	D2s
Very Light (0-5 kts)	AP-5 / 1.5 A	- 3.5	- 3	- 2
Light (6-10 kts)	AP-5 / 1.5A / 2A	- 3	- 2	- 1
Medium (10-14 kts)	AP-5 / 2A	BASE 52	BASE 15	BASE 27
Medium-Heavy (15-20 kts)	HA-4 / 2A	+ 2	+ 1.5	+ 1.5
Heavy (19-21 kts)	HA-4 / 4A	+ 3	+ 2	+ 2





J/109 QuickTune Guide (Updated 5/14)

Notes

	Race 1	Race 2	Race 3	TWS / Comments
Sail Selection				
Cap Shrouds (Vs) Turns				
D1s Turns				
D2s Turns				

